

Summer Timetable 19th July – 29th August 2021

Day	Time	Session
Swimming Timetable		
Monday	06:45 - 09:00	Adult Lane Swim
	09:00 - 11:00	Family Swim*
	17:00 - 18:00	Adult Lane Swim
	19:00 - 22:00	Adult Lane Swim
Tuesday	06:45 - 09:00	Adult Lane Swim
	17:00 - 18:00	Adult Lane Swim
	18:00 - 19:00	Masters**
	21:00 - 22:00	Adult Lane Swim
Wednesday	06:45 - 09:00	Adult Lane Swim
	09:00 - 11:00	Family Swim*
	17:00 - 18:00	Adult Lane Swim
	19:00 - 22:00	Adult Lane Swim
Thursday	06:45 - 09:00	Adult Lane Swim
	17:00 - 18:00	Adult Lane Swim
	18:00 - 19:00	Masters**
	19:00 - 20:30	Adult Lane Swim
Friday	06:45 - 09:00	Adult Lane Swim
	16:00 - 19:30	Family Swim
	19:30 - 22:00	Adult Lane Swim
Saturday	08:00 - 09:00	Masters**
	09:00 - 10:30	Adult Lane Swim
	11:00 - 15:30	Family Swim
	15:30 - 17:00	Adult Lane Swim
Sunday	08:00 - 09:15	Adult Lane Swim
	09:15 - 12:30	Family Swim
	12:30 - 16:00	Adult Lane Swim
Fitness Suite Timetable		
Monday-Friday	06:45-09:00	Adults Only
	17:00-22:00	Adults Only
Saturday-Sunday	08:00-17:00	Adults Only

*Please note that the Monday and Wednesday 'Family Swim' sessions will not be available on 2/8/21 & 4/8/21.

**Please note the Masters swim sessions are an additional cost (Members - £2.50, Non-members - £3.00).